# What is an Adult Day Program?

Adult Day Programs provide recreational activities in the community for people with physical or cognitive challenges, as well as people living with Alzheimer's disease and related dementias. The programs offer a great opportunity to stay social and live life filled with purpose.

## Why should you go?

Trained experts who lead the programs make you feel safe while you enjoy activities that will get you moving and keep you smiling and provide a sense of belonging.

While you enjoy time with others, doing activities you love at your Adult Day Program, your family member or friend will have peace of mind knowing you're safe and having fun. They can take time to complete personal tasks and spend time with friends as well.



### **Program Availability:**

- Partial or full-day programming on weekdays
- Extended evening and weekend hours at select locations
- Programming in various languages at some locations

## How do I apply?

- Go to <u>www.centralregistry.ca</u> and choose Adult Day Program. Click Request Service and fill out the application form. Submit completed form by clicking Finish.
- No access to internet? Call 905-281-4443. Have your OHIP card with you to complete application. Wait to be contacted by Central Registry team members regarding admission.

# How long will this process take?

- If your chosen Adult Day Program has space, you can start immediately.
- If there is a wait list, The Central Registry staff will discuss the wait list process with you, as well as other options to assist you while you wait.

# Contact your choice of **Adult Day Program:**

There are 10 Adult Day Programs in the region, offered at 15 locations.

Please refer to the map and contact information listed when choosing your preferred program.

# **Adult Day Programs**



Promote wellness and enhance quality of life in a social setting.





www.centralregistry.ca

# **Adult Day Programs**

#### Check out videos of the region's <u>www.centralregistry.ca</u>

#### **Acclaim Health Adult Day Programs:**

- 1 Soper Club Patty's Place:
- DS 2250 Speers Road, Oakville, ON
- 12 Malmley Club Patty's Place:
- 1 S 2250 Speers Road, Oakville, ON
- 13 Mississauga Club:
- **(1)S** 2695 N Sheridan Way, Mississauga, ON

#### **Alzheimer Society of Peel:**

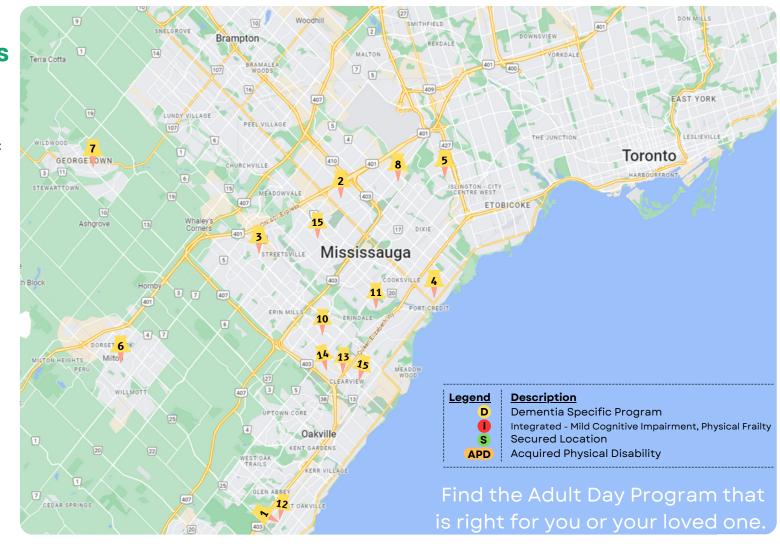
- 2 Prunel Day Centre:
- **DS** 385 Brunel Road, Mississauga, ON
- 3 Meadowvale Day Centre:
- **DS** 6535 Millcreek Drive, Unit 1, Mississauga, ON
- 4 ! Sam McCallion Day Centre:
- **DS** 157 Queen Street, Mississauga, ON

#### **Region of Halton:**

- 7 Silver Creek Place:
- **1**\$ 235 Guelph Street, Unit 5A, Georgetown, ON
- 6 Milton Place:
- 185 Ontario Street S.,Milton, ON
- 6 Friends Landing:
- DS 185 Ontario Street S., Milton, ON

co-located at Allendale LTC

- 8 ! Indus Community Services:
- 1) \$ 1660 Tech Avenue, Unit 4 Mississauga, ON



#### **Seniors Life Enhancement Centre:**

- 13 The Circle of Friends Program:
- **D S** 2030 Bristol Circle, Suite 120, Oakville, ON
- 13 † The Gathering Place Program:
- 1 S 2030 Bristol Circle, Suite 120, Oakville, ON

#### 15! Yee Hong Centre for Geriatric Care:

**1** \$ 5510 Mavis Road, Mississauga, ON

#### **Next Step to Active Living:**

- 9 South Common Community Centre:
- APD 2233 South Millway, Mississauga, ON
- 11 Huron Park Recreation Centre:
- APD 830 Paisley Blvd., W., Mississauga, ON

#### Region of Peel:

- 14 Sheridan Villa:
- 1\$ 2460 Truscott Drive, Mississauga, ON

#### **ESS Support Services:**

- 5 Wesburn Manor:
- 400 The West Mall, Etobicoke, ON





## **ADS Choice Form**

lient NamePostal Code ramily Physician		
lt Da	y Programs	Rank
	Alzheimer Society of Peel – Brunel Centre, 385 Brunel Road, Mississauga, L4Z 1Z5 905-278-3667 307	х
	<b>Alzheimer Society of Peel – Meadowvale Day Centre</b> , 6535 Millcreek Drive, Unit 1, Mississauga, ON L5N 2M2 905-278-3667 x 307	
	<b>Alzheimer Society of Peel – Sam McCallion Day Centre (Port Credit)</b> , 157 Queen St. East, Mississauga, ON L5G 1N2 905-278-3667 x 307	
	Indus Community Services 1660 Tech Ave #4, Mississauga, ON L4W 5S7	
	Next Step to Active Living Program South Common C.C., 2233 South Millway Drive, Mississauga, ON L5L 3H7 905-615-4770 $\times$ 2279 * Adults with acquired physical disabilities only. No patients with dementia	:h
	<b>Next Step to Active Living Program Huron Park R.C</b> 905-615-4770 x 2279., 830 Paisley Blvd., Mississauga, ON L5C 3P5 * Adults with acquired physical disabilities only No patients with dementia	
	Seniors Life Enhancement Centre (The Circle of Friends Program), 2030 Bristol Circle, Suite 120, Oakville ON, L6H 0H2 * Cognitively Impaired. Secured Setting	
	Seniors Life Enhancement Centre (The Gathering Place Program), 2030 Bristol Circle, Suite 120, Oakville ON, L6H 0H2 905-279-9061 * Physical impairment, frail or mild cognitive impairment	
	Sheridan Villa – Region of Peel, 2460 Truscott Dr., Mississauga, ON L5J 3Z8 905-791-8668 x 2925	
	Yee Hong Adult Day Program - 5510 Mavis Rd., Mississauga, ON L5V 2X5 905-568-0333 x 4301	
	<b>ESS Adult Day Program (Wesburn Manor)</b> 400 The West Mall, Etobicoke, ON M9C 5S1 416-394-3675 x 237	
	Acclaim Health Adult Day Program (Patty's Place - The Walmley Club), previously Bond Street, 5 Bond St., Oakville, ON L6K 1L8 now at 2250 Speers Road, Oakville, ON L6L 2X8 905-847-9559 x 24 * Physically disabled and mild cognitive impairment	
	Acclaim Health Adult Day Program (Patty's Place – The Soper Club), previously Sheridan Centre for Elder Research at 1430 Trafalgar Rd., Oakville, ON L6H (905-847-9559) now at 2250 Speers Road, Oakville, ON L6L 2X8 905-847-9559 (Dementia specific. Secure setting)	
	Acclaim Health Adult Day Program (Mississauga Club), 2695 N Sheridan Way, Mississauga, ON 905-823-9264 * Physically disabled and mild cognitive impairment. Secure setting)	
	Friends Landing – Halton Region, 185 Ontario St. South, Milton, ON L9T 2M4 905-825-6000 x 8168/Toll Free 1-866-442-5866 * Alzheimer's disease and related dementias	
	Milton Place, Halton Region, 185 Ontario St. South, Milton, ON L9T 2M4 905-825-6000 x 8168/To Free 1-866-442-5866 * Physical impairment, frail or mild cognitive impairment	oll
	<b>Silver Creek Place, Halton Region</b> , 235 Guelph Street, Unit 5A, Georgetown, ON L7G 4A8 905-825 6000 x 8445/Toll Free 1-866-442-5866 * Physical impairment, frail and Alzheimer's Disease and related dementias	j-